

Sana's Sangria Slushies

A riff on the ever-popular (and delicious) frose, Sana's Sangria Slushies are practically a health tonic with all the vitamins and antioxidants you get from the mixed berries, orange juice, and red wine. This recipe makes two servings, but can easily scale up to fill a pitcher, and would make an excellent addition to any book club meeting (or you know, on a Tuesday afternoon just 'cause.)

Ingredients:

1 cup frozen mixed berries

8 oz red wine (sweet or dry depends on your tastes)

1 peeled clementine OR 4 oz fresh orange juice

A splash of brandy, rum, Grand Marnier, or Triple Sec (optional)

Directions:

Blend everything together and enjoy!